

Alternative Instructions and Response Scales for the BESSI

Four alternative instructions and response scales for the BESSI items are shown below. You range from a focus on developing skills to a focus on evaluating performance. The BESSI items and short forms can be administered using any of these instructions and response scales, depending on what is most appropriate for a particular assessment context. These alternative instructions can also be adapted for collecting observer-reports (such as asking teachers to rate their students or work supervisors to rate employees).

Developmental Instructions and Response Scale

Below you will find a list of behavioral, emotional, and social skills that you may or may not currently possess. The intent of the rating is to identify behavioral, emotional, and social skills that you could use help to develop. For each skill, please use the scale below to indicate *how well you believe you can perform the skill* reflecting your *level of expertise, from “Emerging” to “Developing” to “Demonstrating.”* Note, we are interested in your judgement of whether you currently possesses the ability to perform that skill, not whether you perform it often or seldom. For each skill, you should rate *how well you can do that skill.*

1	2	3	4	5
Emerging		Developing		Demonstrating

Difficulty Instructions and Response Scale

Below you will find a list of behavioral, emotional, and social skills that you may or may not currently possess. The intent of the rating is to identify behavioral, emotional, and social skills that you could use help to develop. For each skill, please use the scale below to indicate *how easy or hard you currently feel it is for you to perform that skill well.* Note, we are interested in your judgement of whether you currently possesses the ability to perform that skill, not whether you perform it often or seldom. For each skill, you should rate *how easy or hard it is for you to do that skill well.*

1	2	3	4	5
Very easy	Pretty easy	Neutral; in between	Pretty hard	Very hard

Expertise Instructions and Response Scale

Below you will find a list of behavioral, emotional, and social skills that you may or may not currently possess. The intent of the rating is to identify behavioral, emotional, and social skills that you could use help to develop. For each skill, please use the scale below to indicate *how well you believe you can perform the skill* reflecting your *level of expertise*. Note, we are interested in your judgement of whether you currently possesses the ability to perform that skill, not whether you perform it often or seldom. For each skill, you should rate *how well you can do that skill*.

1	2	3	4	5
Not at all well (Beginner)	Not very well (Advanced beginner)	Pretty well (Intermediate)	Very well (Advanced)	Extremely well (Expert)

Performance Instructions and Response Scale

Below you will find a list of behavioral, emotional, and social skills that you may or may not currently display. The intent of the rating is to evaluate the extent to which you is capable of enacting each behavioral, emotional, and social skill. For each skill, please use the scale below to indicate *how well you believe you can perform the skill* reflecting your *level of expertise*. Note, we are interested in your judgement of whether you currently possesses the ability to perform that skill, not whether you perform it often or seldom. For each skill, you should rate *how well you can do that skill*.

1	2	3	4	5
Below Expectations		Meets Expectations		Exceeds Expectations