

The Behavioral, Emotional, and Social Skills Inventory, 96-item Short Form (BESSI-96)
Observer-Report Form

Instructions

Below is a list of activities or things that the person you are rating could do. For each one, please select a response to indicate *how well* you believe the person can do that thing. For example, how well can they *follow the instructions for an assignment*? Note that how well the person can do something may be different from how often they do it, or how much they like to do it. For each activity, please rate *how well* the person can do that thing.

1	2	3	4	5
Not at all well	Not very well	Pretty well	Very well	Extremely well

- | | |
|--|--|
| <ol style="list-style-type: none"> 1. Lead a group of people. 2. Sympathize with other people's feelings. 3. Show up for things on time. 4. Understand abstract ideas. 5. Stop themselves from worrying. 6. Organize their personal spaces. 7. Find the energy to get things done. 8. See the good in people. 9. Repeat a task consistently. 10. Understand their emotions. 11. Look on the bright side of things. 12. Keep working until a task is finished. 13. Win debates with other people. 14. Make people feel comfortable. 15. Take care of details. 16. Use their imagination. 17. Express their thoughts and feelings. 18. Follow instructions. 19. Try new things. 20. Calm down when they're feeling angry. 21. Manage their responsibilities. 22. Make sense of complex information. 23. Work as part of a group. 24. Set clear goals. 25. Meet new people. 26. Have confidence in themselves. 27. Make careful decisions. | <ol style="list-style-type: none"> 28. Draw or paint. 29. Take responsibility when they've made a mistake. 30. Resist temptations. 31. Make decisions on their own. 32. Learn about other cultures. 33. Assert themselves as a leader. 34. Take another person's perspective. 35. Follow a schedule. 36. Discuss complicated topics and ideas. 37. Calm down when they're feeling anxious. 38. Keep things neat and tidy. 39. Maintain a high energy level. 40. Forgive people quickly. 41. Do the same task over and over again. 42. Pay attention to their thoughts and feelings. 43. Stay positive when something bad happens. 44. Work efficiently, without wasting time. 45. Speak up when they disagree with others. 46. Get along with people. 47. Find and correct mistakes. 48. Invent things. 49. Tell people how they are feeling. 50. Do what they're supposed to do. 51. Try something that's unfamiliar. |
|--|--|

52. Control their temper.
53. Keep track of their promises and commitments.
54. Learn things quickly.
55. Work with people toward a shared goal.
56. Make plans to achieve a goal.
57. Talk to people.
58. Find reasons to feel good about themselves.
59. Think before acting.
60. Create art.
61. Stop themselves from lying or cheating.
62. Control their impulses.
63. Do things on their own.
64. Understand people from different backgrounds.
65. Take charge of a situation.
66. Understand how other people feel.
67. Plan out their time.
68. Think deeply about things.
69. Settle down when they're feeling nervous.
70. Put things back in their proper place.
71. Keep themselves motivated.
72. Trust people.
73. Do tasks that are routine or repetitive.
74. Examine themselves and their life.
75. Keep a positive attitude.
76. Concentrate on a task.
77. Win arguments.
78. Make a positive impression on people.
79. Double-check their work.
80. Come up with new ideas.
81. Explain what's on their mind.
82. Follow the rules.
83. Adapt to change.
84. Stop themselves from getting angry.
85. Follow through on promises.
86. Find logical solutions to problems.
87. Cooperate with other people.
88. Work toward their goals.
89. Start a conversation.
90. See their good qualities.
91. Think things through carefully.
92. Write stories or poems.
93. Be honest with people.
94. Stop themselves from acting on impulse.
95. Get things done by themselves.
96. Appreciate different cultures.